

Symptom Checklist

by Joseph Burrascano, Jr, MD

This is not meant to be used as a diagnostic scheme, but is provided to streamline the office interview. Note the format - complaints referable to specific organ systems are clustered to better display multisystem involvement.

RISK PROFILE (PLEASE CHECK)

- Tick infested area__
- Frequent outdoor activities__
- Hiking__
- Fishing__
- Camping__
- Gardening__
- Hunting__
- Ticks noted on pets__
- Other household members with Lyme__
- Do you remember being bitten by a tick?
No__ Yes__
when_____
- Do you remember having the "bull's-eye rash"?
No__ Yes__
- Any other rash?
No__ Yes__

Have you had any of the following?

CIRCLE ALL YES ANSWERS

1. Unexplained fevers, sweats, chills, or flushing
2. Unexplained weight change- (loss or gain- circle one)
3. Fatigue, tiredness, poor stamina
4. Unexplained hair loss
5. Swollen glands: list areas_____
6. Sore throat
7. Testicular pain/pelvic pain
8. Unexplained menstrual irregularity
9. Unexplained milk production; breast pain
10. Irritable bladder or bladder dysfunction
11. Sexual dysfunction or loss of libido
12. Upset stomach or abdominal pain
13. Change in bowel function- (constipation, diarrhea)
14. Chest pain or rib soreness
15. Shortness of breath, cough
16. Heart palpitations, pulse skips, heart block
17. Any history of a heart murmur or valve prolapse?
18. Joint pain or swelling: list joints_____
19. Stiffness of the joints or back
20. Muscle pain or cramps
21. Twitching of the face or other muscles
22. Headache
23. Neck creaks and cracks, neck stiffness, neck pain
24. Tingling, numbness, burning or stabbing sensations, shooting pains, skin hypersensitivity
25. Facial paralysis (Bell's Palsy)
26. Eyes/Vision: double, blurry, increased floaters, light sensitivity
27. Ears/Hearing: buzzing, ringing, ear pain, sound sensitivity
28. Increased motion sickness, vertigo, poor balance
29. Lightheadedness, wooziness, unavoidable need to sit or lie down
30. Tremor
31. Confusion, difficulty in thinking
32. Difficulty with concentration, reading
33. Forgetfulness, poor short term memory, poor attention, problem absorbing new information
34. Disorientation: getting lost, going to wrong places
35. Difficulty with speech or writing; word or name block
36. Mood swings, irritability, depression
37. Disturbed sleep- too much, too little, fractionated, early awakening
38. Exaggerated symptoms or worse hangover from alcohol